Spring has sprung! School’s almost out!
Don’t miss the 2019 Fun Run & Slip ‘n Slide May 18!

Join us from 10:30 a.m. to 1:00 p.m. Saturday, May 18, at Mitchusson Park in Huntsville for another fun-filled day for the whole family—even Fido!

Our Color Me Fun Run/Walk is a running “paint race.” The race is non-competitive in the sense that no one gets a medal or trophy, but everybody gets fun, food, and a happy day outside. And runners who participate in the race are showered with colored powder at stations along the run. Oh, my!

This is always so much fun and we're really excited. Oh yeah, don't forget the Slip N Slide! Plus kids always love to play on the Go ‘Round, etc., at Mitchusson! This year, any group wanting to promote its cause or products will have the opportunity to have a vendor booth (and a T-shirt!) for $25. Vendor booth applications are available at the bottom of this webpage: https://www.thepetshelter.org/fun-run-2019.html

Tickets are $25 (13 years old and up) and $16 (6 to 12 years old)
Tickets are available here: https://www.betterunite.com/pcps-2019colormefunrun

This is one of two big annual fundraisers for Paws & Claws Pet Shelter. Come on out, have some fun, eat some food, and help us continue to help the great dogs and cats in our care.
Be an Educated Pet Owner. They’ll Love You for It!

It can really be tempting to give your dog “people” food. But if you know what to avoid giving Fido, you can save him and yourself a lot of sorrow.

Here is a link to a good article that cites reports related to dogs who consumed products with the sweetener known as xylitol:

https://www.fda.gov/consumers/consumer-updates/xylitol-and-your-dog-danger-paws

While you probably know that chocolate can be dangerous to your dog, you might not have thought of all the consumables that contain xylitol. If you have a dog, check it out, read the article.

And watch your curious kitties, too. As it turns out, they can be made ill by lilies, some of which will be around all summer—like daylilies and tiger lilies.

See the whole list here:

https://www.fda.gov/AnimalVeterinary/ResourcesforYou/AnimalHealthLiteracy/ucm206751.htm

Remember to Microchip

The ladies at Paws & Claws love it when a lost pet arrives with a microchip. This beauty arrived at the shelter some months ago, and within five minutes of his arrival they had located his owner. The dog had been missing for three weeks!

He had a microchip.

Pies for Pets May 4 at Turner Bend

For the third year in a row, Paws & Claws will be selling pie at the Arkansas Canoe Club’s School of Whitewater Paddling at Turner Bend, located about 38 miles south of Huntsville on Highway 23.

You and your family are welcome to come on down May 4. Buy supper from the canoe club and dessert from Paws & Claws. You’ll have a great afternoon and benefit two non-profits in the process.

Abby Burnett makes the pies, and for the uninitiated among you, I can attest that Abby’s pies are The Best. Plus you can buy a piece or a whole pie. Plus some of them freeze quite well.

Though the main course begins at 4:45 p.m., pies will go on sale at 3 o’clock. The canoe club members have learned to buy their pie ASAP, before their favorites run out. Here’s the canoe club’s website, FYI:

https://www.arkansascanoeclub.com/

https://www.fda.gov/AnimalVeterinary/ResourcesforYou/AnimalHealthLiteracy/ucm206751.htm
CBD – Snake Oil or Modern Miracle?

by Abby Burnett

Billboards with “CBD” in big black letters on a bright green background are everywhere. They’re eye-catching yet deliberately uninformative. Just what is the product being advertised?

Its full name is Cannabidiol. It’s an extract of the cannabis plant – or, in this case, its cousin the hemp plant – that is diluted with a carrier oil. CBD oil is said to combat pain, anxiety and depression, relieve symptoms related to cancer and provide relief from neurological disorders, such as epilepsy – to name just a few of its supposed benefits. Side effects include changes in appetite and increased drowsiness, but unlike the mind-altering highs associated with marijuana use, CBD does not have the same effect on the brain.

Though the Internet abounds in anecdotes of CBD’s miraculous properties, none of these claims (with the exception of testing done on rare forms of epilepsy) have been substantiated through scientific studies. Furthermore, it’s impossible to rule out the placebo effect, where faith in a positive outcome can yield positive results.

Humans may indeed benefit from the oil, but what about our furry friends? Certainly they also experience pain and anxiety, and might be helped with appropriate doses of CBD. Here again the online sites are plentiful, selling tinctures and treats laced with the oil. The liquid is often diluted in drinking water (more appropriate for the single-pet household) while treats can be doled out with increased dosages when seeking results.

Without intended to endorse a particular product, an email from the “Mr. Hempy” company explained dosages for their 600 milligram full spectrum hemp extract: one treat for small dogs, two for bigger dogs with increased dosage as needed. “Dosage can vary quite a bit from one dog to another,” the company wrote. “Hemp oil interacts with the dog’s endogenous cannabinoid system and targets receptors in the brain… some dogs do not have as many receptors as others and you may want to experiment.” The treats may be given as a daily supplement or as needed for pain or stress relief.

The pet-friendly concoctions are usually labeled for specific complaints: a joint remedy, or one for separation anxiety. This writer’s dog suffers from a chronic sore leg as well as extreme shyness and a reluctance to tolerate human contact or changes to her environment. As of this writing she has been taking an all-purpose CBD dog treat for too short a time to see big results, but she is more outgoing and has stopped limping.

As for cats, the online information is a bit different. Yes, CBD is good for anxiety in cats, but here it is touted as beneficial for skin disorders, given orally but also rubbed directly onto skin problems.

The bottom line? Commercial CBD pet supplements are expensive, experimentation is needed to find correct dosages, and not all dogs respond to the effects. But when a beloved animal has chronic health problems its owner might consider an unconventional therapy in the hope of providing some relief.
Paws and Claws Pet Shelter is pleased to have begun Madison County school visits again. By the end of this school year, Bonnie Rodgers and Betty Dietz will have visited the third graders in Kingston, St. Paul, and Huntsville schools.

Topics covered for third-grade students will include information about the shelter such as its location and its non-profit status. Students will learn what “no-kill” means in this pet shelter and why appointments are necessary to accept animals into the shelter.

They will learn that spaying and neutering pets is important because it helps to reduce the population of unwanted pets and because spayed or neutered pets live longer, healthier lives.

An instructional film will point out the importance of treating animals with respect and the importance of practicing safe behavior around unfamiliar animals.

Each child will be given an informative coloring book with all of the shelter’s information on the back. A big thank you goes out to Dr. Chris France for paying for half of the booklets, and to the board members for paying the rest. If you have a third grader be sure and ask what he or she learned!

_Bonnie Rodgers_

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**Paws & Claws Pet Shelter Helped More Than 500 Pets in 2018!**

<table>
<thead>
<tr>
<th>Shelter Data - Animal Counts</th>
<th>All Locations</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1" alt="Graph showing animal intake" /></td>
<td><strong>524</strong> total, year-to-date animal intake</td>
<td><img src="image2" alt="Graph showing live outcomes" /></td>
</tr>
<tr>
<td><img src="image4" alt="Graph showing canine intake" /></td>
<td><strong>342</strong> total, year-to-date canine intake</td>
<td><img src="image5" alt="Graph showing canine live outcomes" /></td>
</tr>
<tr>
<td><img src="image7" alt="Graph showing feline intake" /></td>
<td><strong>182</strong> total, year-to-date feline intake</td>
<td><img src="image8" alt="Graph showing feline live outcomes" /></td>
</tr>
</tbody>
</table>

Your support of Paws & Claws is important in the lives of each and every one of the dogs and cats served by our staff and volunteers. Our shelter keeps animals alive, though some die of illness or injury and a rare few must be euthanized at the vet clinic because of intractable problems. Still, the overall death rate is only 2.73 percent—a very low percentage compared to other shelters.
Let’s Talk Time

One of the most valuable things supporters of Paws & Claws Pet Shelter can give is time. Paws & Claws has a small staff – yes, with big hearts – but with too few hours in each day. They wish they had time to do all the things needing to be done, but they don’t. That’s where you come in. Even a few hours a week will make a big difference in the lives of our good dogs and cats. Check out this list. See what appeals to you.

Dog walkers: Paws & Claws is setting up a Dog Walkers Group and you can join! Once dog-walker volunteers have completed an orientation, they can pick a time slot in the schedule to walk dogs and spread some serious joy among our canine guests. Dog-walker volunteers will be scheduled between 1 p.m. and 3 p.m. on Tuesdays, Wednesdays, and Thursdays so our dogs can look forward to regular trips outside. Call the shelter during business hours or leave a message to talk with our staff about being in the Dog Walkers Group.

Thrift cottage: Paws & Claws Thrift Cottage provides a good chunk of the shelter’s annual budget and can do so because of two reasons. First, the items we sell are high quality thanks to some great donors, and second the cottage has no labor costs. The volunteers there want to help the pets. Do you have 3.5 or 4 hours a week to help them, too? Tasks vary. They include sorting and pricing clothing, cleaning items, helping customers, and a lot more. Call Carol on Wednesdays or Fridays at 479-738-1572 or visit the store. It’s on the north side of Polk Square in Huntsville, 104B War Eagle.

Building and lawn upkeep at the shelter: If you have “handyman” type skills and a few hours you’re willing to donate, give the shelter a call at 479-738-1505 and let them know how to contact you.

Foster homes: With only eight dog kennels and many strays coming in, a network of foster homes is of utmost importance. Giving a dog a calmer setting than the shelter can offer is an invaluable gift. It provides the best transition from “shelter dog” to “adopted dog.”

Transporters: Are you available to transport dogs locally or maybe further? Whether you take dogs to an adoption event, a veterinarian, or to a transporter who’s going out-of-state, you will be that dog’s hero that day!

Fundraising and event assistance: If you have skills in grant writing or other fundraising avenues, or if you can help at the shelter’s events, call today! (Just so happens we have one comin’ up. See page 1.)

SHELTER, 479-738-1505, open Tuesday, Wednesday, and Thursday from noon to 5 p.m. and on Saturdays 11 a.m. to 2 p.m.

Thrift cottage, 479-738-1572, open Monday through Friday from 10 a.m. to 5 p.m. and Saturday from 10 a.m. to 2 p.m.

Adoption Spotlight

Have you adopted a pet from Paws & Claws? We’d love to hear from you to learn how you and your new companion are doing. Send pictures and happy tails to pawsandclawspetshelter@gmail.com for posting on the shelter’s Facebook page: https://www.facebook.com/PCPSHELTER/. And while you’re at it, “friend” the shelter on Facebook to stay aware of the good things going on!

Cat Lovers, Don’t Forget About This

Please, please re-read Jasmine’s very informative blog from March 2, 2018. Bobcat fever is alive and well right now. (Find the blog here, https://www.thepetshelter.org/pcpsblog, near the bottom of that page.)

Just for the Fun of It

If you haven’t seen these two lovely dogs eating in a diner, waste no time. Do it now. https://www.youtube.com/watch?v=EVwlMVYqMu4
Lots of ways to help the homeless pets

Our shelter’s wish list always includes…

- bleach
- paper towels
- kitty litter
- leashes & collars
- pee pads
- heavy-duty trash bags (30- & 13-gal.)
- Ziploc bags (sandwich & gal.)
- laundry detergent & dryer sheets

We really appreciate cat and kitten food, too, especially canned!

And we can put your old bath towels, blankets, and sheets to good use!

Share when you shop

Your spare change will change their lives! Look for the jars.

- Beaver Lake Liquor, Hindsville
- Granny’s Restaurant, Huntsville
- Huntsville Vet Clinic
- Paws & Claws Pet Shelter
- Paws & Claws Thrift Cottage
- Coger Surplus, Huntsville
- Kingston Station, Kingston

Please help us help them! Thanks!

Pssst. Spread the word. Spay Arkansas complements the work of Paw & Claws. It is the region’s premier low-cost, spay-neuter clinic. Learn more: https://spayarkansas.org/ or call 479 756-1100

Be kind to the critters!
Paws and Claws Pet Shelter, P.O. Box 364, 2075 Madison 6555, Huntsville AR 72740, 479-738-1505